



## Important Dates

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Wellbeing / Cultural  
Day - Liturgy at  
9am  
Friday 13 September 2024

Wine Orders Close  
Sunday 15 September 2024

Assembly Winter  
Sports 9am  
Friday 20 September 2024

Dental 4 Schools  
Tuesday 24 September 2024

Last Day of Term 3  
- 3.10pm Finish  
Thursday 26 September  
2024

Pupil Free Day  
Friday 27 September 2024

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11.09.24

## Message from the Principal



Dear Parents, Guardians, and Students,

Well, what a term it has been. When I look back on the events and happenings of our school this term, I am amazed at the sheer volume of opportunities our children, staff and families have to be involved in our school. We are certainly very blessed.

### **Staffing Announcement**

As you may be aware, Sheena Pattinson has been in the Acting APRIM role this year while we work through the process of appointing a permanent APRIM. The process involved Father Long Hai, David Wylie (Board Chairperson), Marcia Burgess (CESA rep), and myself shortlisting applicants and interviewing a number of candidates. It was extremely pleasing to see the large number of applications for this significant position. After a process of discernment and approval from the Archbishop, it was fantastic to announce this week that Sheena Pattinson has been successful in winning the permanent APRIM position at Tenison Woods Catholic School. CONGRATULATIONS.

Claire Little's appointment as Assistant Principal: Teaching and Learning has been extended for a further tenure. Claire's work has been critical in ensuring the teaching and learning programs and interventions support our students as flourishing young people. Together with Sheena and Claire, it is great to have our Leadership team consistent for the foreseeable future.

Throughout Term 3, the Leadership Team has been busily working to confirm staffing for 2025. With the ongoing increase in overall classes and some special announcements, we have been able to confirm the following staff have been employed either permanently or on a contract for 2025. Congratulations to:

Amelia Scarfo

Carisa Spencely

Chloe Bridgwood

Ethan Marchioro

Rhys Johnston

Valleena Machado – Mid Year Reception Teacher 2025

Last week, Mrs Tiana Henderson announced that she is expecting her first child in the new year. This is wonderful news for Tiana and her family. We look forward to Tiana finishing out the year with the Yr 5/6 class before taking 2025 off.

Congratulations must be extended to other staff members who have been successful in winning leadership and teaching positions for 2025 and beyond. They are all very deserving.

Throughout Term 4, we will work to finalise class and teacher structures with the Meet the Teacher morning being held in Week 9.

### **Dance Aerobics – Congratulations**

As I am sure you have all seen, it was a fantastic result for our school Dance Aerobics team at the recent National Championships held in Adelaide last month. With Katie's expert coaching and a huge amount of commitment and effort, it was great to see the children finish in 1<sup>st</sup> Place for their category.

To bring home the National Championships is a huge accomplishment, congratulations to all involved.

### **Sacramental Program**

It was lovely to see 7 children from our school community celebrate Confirmation and Holy Communion this past fortnight. With the ceremony led by Father Dean Marin and Father Long Hai, it was a special moment for the children and their families to be fully initiated into the Church. Thank you to the Father Long Hai, the Parish Sacramental Team, APRIMS Sheena and Leah and the children's families for preparing the children so well.

### **Staff Reflection Day**

On the last day of Term 3, we will be holding our annual Staff Reflection Day. The staff will be working with Orana Disability Services to support the beautification of their Ridleyton site. Our staff will work with Orana staff and clients to undertake a 'Backyard Blitz' style project, helping to bring their site to life in a collaborative and authentic way, designed to support their many clients and programs.

In supporting the faith formation of our staff, Sheena has also engaged the professional services of Sister Mary-Anne, a Josephite Sister. She is somewhat of an expert on Father Julian Tenison Woods and has recently completed a PhD dissertation on him. She will lead the staff in getting to know Fr Tenison Woods better and explore his personality by sharing narratives based on his letters, newspaper

articles and books. She will also talk about the importance Fr Tenison Woods placed on mission and outreach. This link is important, as it bridges the gap between theory and action. As a catholic community, we are called to action. This initiative is a wonderful representation of this action.

## **Wellbeing**

### **R U OK?**

This week is R U OK? Day. As a school deeply committed to the well-being of all, this day has a special place in our work.

“Got a feeling that someone you know or care about isn’t behaving as they normally would? Perhaps they seem out of sorts? More agitated or withdrawn? Or they’re just not themselves. Trust that gut instinct and act on it. Learn more about the signs and when it’s time to ask R U OK?

By starting a conversation and commenting on the changes you’ve noticed, you could help that family member, friend or workmate open up. If they say they are not OK, you can follow the conversation steps to show them they’re supported and help them find strategies to better manage the load. If they are OK, that person will know you’re someone who cares enough to ask.”

Its never too late to ask the simple question of Are You Ok? I encourage all of us to check out the resources online at <http://www.ruok.org.au>

### **Parent Workshops**

Coming up next term we have two very important wellbeing parent workshops that are being hosted for FREE by TWCS.

The first if Courtney Quigley leading a 3 week program from Dr Lea Waters – THE STRENGTH SWITCH.

The second is through our connection with THE WELLBEING DISTILLERY. David Bott will be in person presenting his brand new program based on the book - THE ANXIOUS GENERATION. This hour-long presentation is not just for parents of teenagers, it’s for ALL parents.

Please keep an eye out for Registration Details.

As we head into our Term 3 Break, I encourage all in our community to take advantage of the spring weather and get out to explore our surroundings. In reading the book, ‘Anxious Generation’ the author highlights how technology use creates an ‘opportunity lost’ effect, where we are consumed by the use of technology at the expense of real-life connections. Head out and chat with someone!

God bless,

Ben

## **Recent News**

12.09.24

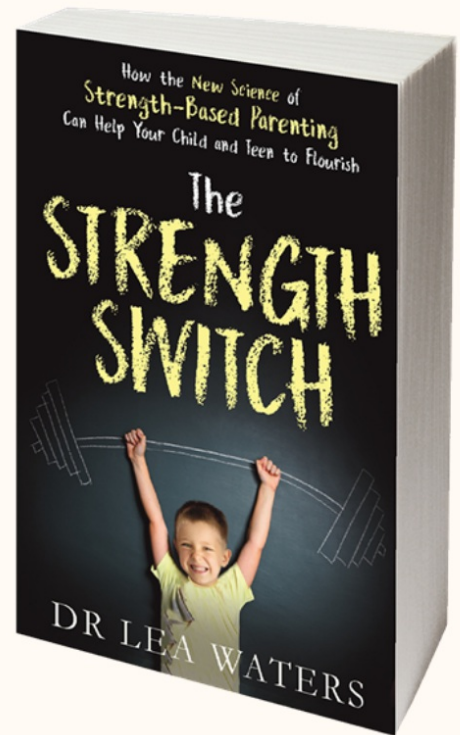
### **Strength Switch Parenting Course**



# THE STRENGTH SWITCH PARENTING COURSE

Developed by Professor Lea Waters AM, PhD Trained Psychologist, Founder - Visible Wellbeing, Honorary Professorial Fellow - University of Melbourne Bestselling author of THE STRENGTH SWITCH

**HOW CAN YOU HELP YOUR CHILDREN TO THRIVE BY DRAWING ON WHAT'S BEST IN THEM AND YOU?**



## WEDNESDAY

**16 OCTOBER**

**23 OCTOBER**

**30 OCTOBER**

**6.30PM - 8.00PM**

**Location:**  
**Tenison Woods Catholic School**  
**68 Brooker Terrace, Richmond**  
**The Beehive**

## **WORKSHOP HIGHLIGHTS:**

- Action plans
- Confidence in applying concepts
- Fun activities to do with your kids to strengthen bonds
- Awareness of your strengths and how to use them in good and tough times
- Share your journey with other parents

**LIMITED SPACES AVAILABLE**

Come together with other parents from our school community and learn how to tap into your strengths to help both you and your children flourish in life.

**PRESENTED BY:**



**BOOKINGS:**



**FACILITATED BY: COURTNEY QUIGLEY**



How can you help your children to thrive by drawing on what's best in them and you?

Based on Professor Lea Waters AM, PhD bestselling parenting book *The Strength Switch*, this course provides you with evidence based strategies to bring strength-based parenting to life. It helps your children to understand themselves and their strengths better, helping them to navigate life's ups and downs.

The research by Dr Waters has linked strength-based parenting to:

- Increased wellbeing and life satisfaction
- Improved grades and academic achievement
- Lower rates of depression and anxiety
- Increased parent satisfaction.

Professor Lea Waters, mother of two and pioneer in the field of positive psychology, designed this course to equip parents with a tool-kit of strategies, as well as the confidence to start practicing strength-based parenting at home.

Come together with other parents from our school community and learn how to tap into your strengths to help both you and your children flourish in life.

Booking: <https://www.schoolinterviews.com.au/code/phvmf>

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12.09.24

## Religious Identity and Mission



Sacraments of Confirmation & First Holy Communion



On Tuesday 3<sup>rd</sup> of September, seven of our Tenison Woods students celebrated the sacrament of Confirmation at the St Aloysius Church along with students from St John Bosco school and the parish.

In preparation for this evening, each student created a banner which included their chosen saint's name, some symbols that represented this saint, and symbols that represented the sacrament of confirmation. It was a joyous celebration attended by parents, sponsors and many extended family members.

Over the weekend these students also celebrate the sacrament of First Holy Communion for the first time.

We join together as a school community to congratulate these students on taking this next step on their Sacramental Journey; Joshua, Jack, Alyssia, Elijah, Isabella, Charissa and Grace.

A special thank you to one of our school parents, Kirsty Miller who made beautifully decorated biscuits for each child to mark these special occasions.

### **Whole School Liturgy & Mass**

This term we have gathered together as a whole school on two separate occasions to celebrate two incredibly special women in the Catholic Church, Mary Mackillop, Australia's first saint, and Mary, mother of Jesus.

Students took part in these celebrations in a variety of ways, including being part of the entrance and offertory processions, and reading the Prayers of the Faithful. All students are to be commended on their reverent engagement, and the way in which they joined in with the responses and songs. A sentiment that was echoed by a number of parishioners who were at the Feast of the Assumption Mass.

Many students completed artwork representing Mary MacKillop, which were included in the PowerPoint used during the Liturgy. (see some of those artworks below)

### **Season of Creation**

We are now in the season of Spring and the **Season of Creation**. The **Season of Creation** is an annual Christian celebration inviting us to pray and respond together to the cry of Creation. It unites our Christian family around the world to listen and care for our common home.

The Season of Creation began on September 1<sup>st</sup>, the World Day of Prayer for the Care of Creation, and concludes on October 4<sup>th</sup>, the Feast of Saint Francis of Assisi, the patron saint of ecology. This year's theme is '**To Hope and Act with Creation**'.

During this Season of Creation, we are called to work together for a future of hope and action to make our world a better place. What could this action look like?

Some simple ideas are:

- Go on a beach walk and spend some time praying and giving thanks for the gift of creation that God has given us
- Go on a nature walk and notice and name all the elements of creation you are grateful for
- Plant some seedlings or seeds
- Pack nude food lunches without any wrappers
- Turn off the tap when brushing your teeth
- Avoid using single use plastics

For more information and to access the official Season of Creation guide please go to this website <https://seasonofcreation.org/>

Warm regards,

Sheena Pattinson

Acting APRIM



11.09.24

Assistant Principal - Teaching and Learning



### Developing Literacy

As adults, we may not consider the process of learning how to read until we begin teaching our own children at home. Learning to read is a difficult process that necessitates the explicit teaching of a wide range of skills. This includes Oral language, Phonological awareness, Phonics, Vocabulary, Fluency and Comprehension.

Activities to support your child's development at home

- Make reading enjoyable and engaging.
- Children learn to read by observing, imitating, and interacting with others.
- Allow your child to pick and re-read books that capture their interest.

- Discuss the book before starting, including the title and possible storylines.
- Talk about the illustrations and how they contribute to the narrative.
- While reading, ask your child questions like, "What do you think will happen next?" and "Why do you think that?"
- After finishing, discuss the story and ask questions such as, "Which part did you like the most?" and "What did you find exciting, funny, or sad?"
- Take turns reading favourite stories with siblings or friends.
- Incorporate a range of reading materials, including newspapers, magazines, posters, street signs, recipes, and shopping lists.

Enjoying reading, language, and words at home

- select books that include rhymes or riddles.
- Discuss rhyming words, explaining that words like cat, hat, sat, and bat rhyme because their endings sound alike.
- Engage with rhyming words by playing rhyming games and creating playful rhyming sentences, such as "Have you ever seen a snail deliver the mail?"

At Tension Woods, we implement a comprehensive, whole-school approach to literacy instruction. Our method incorporates a multi-sensory, synthetic, sequential phonics system, with all components being explicitly taught. We draw from various programs to ensure the best teaching and learning is achieved for our students.

Our school is always here to support your child's learning journey. Together, we can foster a strong literacy foundation for your child's future success.

Kind regards, Claire Little

Assistant Principal: Teaching and Learning

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## Future Sibling Enrolments



# SIBLING ENROLMENTS

All Sibling Enrolment Applications are requested to be submitted now to ensure a position is made available for your child to commence in Reception in 2025, 2026, 2027 and 2028.

External enrolment interest in our school is extremely high and we know we have a particularly high number of sibling enrolments to cater for in the coming years.

Please contact Peta Yates on [pyates@twcs.catholic.edu.au](mailto:pyates@twcs.catholic.edu.au) to register your child and complete an Enrolment Application Form.

Not sure if your child is eligible for Term 1 or Term 3 intake?

Here's a handy calculator!

<https://www.twcs.catholic.edu.au/enrolment/enrolment-calculator>

View this article online to read more



## ReceptionM - Mid Year 2024



Welcome to all the Mid-year reception students at Tenison Woods Catholic School. As they step into this exciting period of learning and exploration, they're eager to dive into a variety of engaging activities and subjects. The learners have done a great job in adjusting to the school routine as well as their classroom and school community.

In Literacy, we have been focusing on Phonological Awareness Skills: Blending and Segmenting, Oral language: speaking in a sentence / sentence construction. We are also preparing for our letter formation by practicing the pre-writing patterns.

In Maths, this term, we have been practicing writing numbers from 0-5 using the appropriate cue words and working on different ways to substitute the number.

In Religion, we learnt that Jesus Christ was the son of God who lived on Earth, and Jesus loved children. We learnt that The Sign of the Cross is a special prayer to God and the action symbolizes your belief in the Holy Trinity—the Father, the Son and the Holy Spirit. We made a prayer chain to prayer for all the things around us.



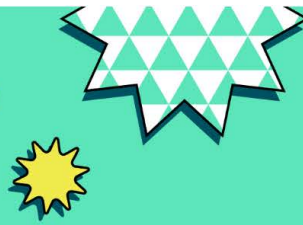


28.08.24

Camp Australia



# Outside School Hours Care Newsletter



09/09/2024

Tenison Woods Catholic School OSHC

Your  
OSHC.



## A message from your Service Leader/Coordinator

Dear Families,

As you know, my name is Cherish, and I am delighted to share some updates with you about our OSHC this term.

We've seen a wonderful increase in the number of children attending, and we've also welcomed two new educators to our team. Navreet will be working permanently in after school care from Monday to Thursday, and Aakanksha will be joining us on Fridays. It's been heart-warming to see our younger children not only making great friends but also forming strong relationships with our educators.

This term, we've engaged in a variety of exciting activities. For example, the children enjoyed experimenting with making slime without traditional activators, which was a huge hit! They've also adapted well to the new routines we've introduced.

As spring arrives and summer approaches, please ensure your child brings their hat with them each day. Sun protection is essential during outdoor play, and we want to keep everyone safe.

A quick reminder: when dropping off or picking up your child, please use the side door of the new OSHC building.

Looking ahead, don't forget that Rocketeers, our vacation care program, is just around the corner! Be sure to sign up your child so they don't miss out on the fun.

Thank you for your continued support.

Warm regards,  
Cherish Tan  
OSHC Service Leader/Coordinator

## Highlight Activities We Have Done This Term....



Fizzy  
Experiment

Mouldy Bread  
Experiment



Rainbow Fish  
Art

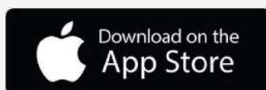
## Make a booking

Join in the fun of Outside School Hours Care activities and experiences with Your OSHC and Rocketeers.

Book now

## Register free and book in 24/7 via our app

To attend our program, you must register your child. You can register an account with us at [pp.campaustralia.com.au](http://pp.campaustralia.com.au) or by downloading our Camp Australia smartphone app from the Apple App Store or on Google Play. Once registered, it's easy to make bookings and manage your account.



Find out more and book now at [www.campaustralia.com.au](http://www.campaustralia.com.au)

26.08.24

## TWCS Aerobics



The Tenison Woods Aerobics Program has gone from strength to strength in the 2 Years that it has been running. We entered two teams into the Schoolaerobics Competitions this year, the Year 3 Team, The Tic Tacs and our Senior Team, The Limitless legends who both placed first in the State Championships.

The Limitless Legends were also selected to represent TWCS and South Australia at the 2024 National Schoolaerobics Championships following an awesome performance at the State Event.

The team trained twice a week before school to perfect the routine and further develop their aerobics skills including execution, synchronisation, intensity, strength and flexibility.

This year the National Championships were held in Adelaide at the Adelaide Entertainment Centre. The Limitless Legend competed against schools from NSW, Victoria and Queensland and performed a fabulous routine. We had a long and nervous wait until we found out the results but regardless of the result, we knew we had done our best and we were very proud!

When they announced National Champions, The Limitless Legends, we were ecstatic to say the least!! Our bravery, perseverance and commitment had paid off, so well deserved!

Look out for our plaque in the Front Office next time you pop in! Congratulations to

Minnie A, Siena S, Eve P, Evie W, Eli R, Jack G, Luca G and Grace S. The first ever TWCS Aerobics National Champions!!!



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<https://campaustralia.com.au/school-holiday-program/>

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09.09.24

## SACPSSA Touch Football Carnival



A total of 14 teams from Tenison Woods took to the field on Friday Week 7 to compete in the 2024 SACPSSA Touch Football Carnival. Students from year 3-6 used their skills recently learned in PE lessons in an attempt to win a few games



throughout the event. Some fierce competition proved quite the challenge across the board, but our students persisted and kept giving 100% effort wherever possible.

Thank you to all our teachers, ESOs and parent volunteers who supported us in coaching and team managing throughout the day. This touch carnival saw Tenison Woods have a record-breaking number of volunteers than ever-before, and we are so thankful to have such an involved community.

Congratulations to all the players for all your hard work this term in our Touch Footy unit, and for your ongoing commitment to the sport. I hope that the carnival proved an excellent and fun opportunity for all students to shine in their touch abilities and continue to play in the future.

Mitch Saba

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12.09.24

## Parents and Friends



What a wonderful and busy Term 3 it has been for the Parents & Friends of Tenison Woods!

### Parent's Night Out

Our Parent's Night Out on Saturday 10<sup>th</sup> August was an enjoyable event with about 50 people attending. Thanks to everyone who was able to join in the fun with delicious canapes & drinks in our gorgeous event room at The Highway Hotel. It was wonderful to be able to mingle with the parents and carers of our school children, connect parents who have children in the same class, but hadn't yet met, plus have some laughs with friends old & new! It was especially heart-warming to meet so many of the new families to our school community, thank you for attending. We know there were many people who couldn't attend due to other events on the same night and last-minute illness, thank you for your interest in our event and we look forward to seeing you next time.

### Showdown Donut Day!

We can say that Showdown Donut Day on Friday 16<sup>th</sup> August was a big success with 215 lovely big Crows & Port donuts handed out to excited students and their teachers! A bit of fun for a Friday morning. Thank you to Diana in the office & Jane for popping the donuts in the bags & sending to classrooms!

#### Father's Day Kick & Catch

The afternoon of Friday 30<sup>th</sup> August was spent celebrating all the fathers, grandfathers, carers & father figures in our community at the Father's Day Kick & Catch. The school was alive with many joyous people playing sports and games with their children on the courts and oval, all fuelled by delicious donuts. Thanks to Keryn MacDonald, Sarah Finn & Jane O'Donoghue for their help in the canteen. Thanks to Mitch, Ben, and the teachers for setting up and packing away the sports equipment and large games. I know some children were especially proud to have played with every piece of equipment!

#### Bunnings BBQ Fundraiser – Save the Date - Saturday 23<sup>rd</sup> November at Bunnings Mile End

Our Bunnings BBQ is booked for Saturday 23<sup>rd</sup> November & we are getting exciting to potentially serve 900 sausages to the Bunnings customers! It is always a fun day spending time together whilst contributing to a school fundraiser.

As a school community we are very fortunate to have people willing to help towards a successful day with planning, preparing supplies for the BBQ, helping set up, cook, serve and pack up! If this is something you would like to do, we would love to have you onboard, so please drop us a quick email on [pandf@twcs.catholic.edu.au](mailto:pandf@twcs.catholic.edu.au) and we will contact you back!

#### Wine Drive Fundraiser

The P&F Wine Drive Fundraiser is currently open online until Sunday 15<sup>th</sup> September.

If you fancy stocking up your supplies for Spring whilst supporting our school, Wine Drive is offering some great wine packages as well as a selection of beers & spirits!

<https://winedrive.com.au/collections/tenison-woods>

It has been a joy to bring these events to our wonderful school community this term and we wish you all well for the upcoming school holidays.

Our next meeting is Term 4, Week 3, Wednesday 30<sup>th</sup> October and we welcome you to join us.





Support the P&F to raise funds to purchase new sound systems in the Redin St building

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THURS 19 SEP**

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Tenison Woods Catholic School P&F Wine Drive is back for Term 3!  
Order by Sunday, 15 September and collect Thursday 19th September.  
Also includes a great selection of beer and spirits.

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09.09.24

## Westies Cup



On Thursday Week 7, 11 boys from Year 5/6 had the opportunity to compete against other schools in the annual Westies Cup. This football carnival held at the West Adelaide Football Club is a yearly event that gives students a chance to show off their football skills in a round-robin-style tournament.

Out of the strong 11 teams that were competing, we were fortunate to place 6<sup>th</sup> overall on the table. A few wins and some losses proved quite the challenge for the boys, and they should be super proud of all their efforts on the day.

A special mention goes out to both coaches Chris and Chris, as well as Stella, Erin and all other parent volunteers and supporters who came out to assist us on the day. The boys learned some very valuable lessons and had a great team of players and coaches behind them. Congratulations to all students who played at the Westies Cup, and we hope you all continue to enjoy your footy going forward.

Mitch Saba

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# Adelaide Angels Little League

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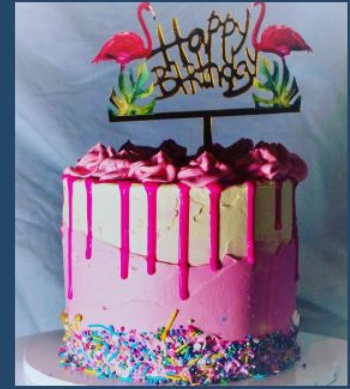
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